**Wilow Park Physical Education Assessment**

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| **Alberta Physical Education Program of Studies General Outcomes as they relate to the Stems in Reporting.**  | **Excellent Achievement of grade level learner expectations.** (Understands and applies new concepts in a wide variety of learning situations. Consistently uses required skills and strategies effectively). 4 | **Good achievement of grade level learner expectations.**(Understands and applies new concepts to most learning situations. Frequently uses required skills and strategies effectively).3 | **Basic achievement of grade level learner expectations.** (Understands and applies new concepts to specific learning situations. Uses most required skills and strategies appropriately).2 | **Not meeting grade level learner expectations.** Requires repeat instructions to understand and apply new concepts in learning situations. Needs much support to use required skills and strategies.1 |
|  | **I can consistently…** | **I can usually…** | **I can often…** | **I can rarely…** |
| **Stem 1-** Performs and refines movement skills | * move effortlessly
* consistently demonstrate a high level of ability
* refine skills and respond positively to feedback
 | * move with ease
* use skill and understand strategy
* demonstrate a high level of ability
 | * move well but require concentration
* demonstrate a high level of ability
 | * move but I sometimes struggle to do this effectively.
* demonstrate a high level of ability
 |
| **Stem 2**- Cooperates to demonstrate fair play and teamwork | * exhibit **leadership**
* consistently demonstrate **fair play** and **team work**
* **communicate** thoughts and ideas respectfully
 | * exhibit a positive attitude
* frequently demonstrates fair play
* work cooperatively with others
 | * exhibit an indifferent attitude
* demonstrates fair play
* work cooperatively but need reminders
 | * exhibit disinterest in activities
* sometimes demonstrate fair play
* work cooperatively but need supervision
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|  **Stem 3**-Explores and applies strategies for leading a healthy, active way of life | * give my best **effort** and participate to best of my ability.
* play **safe** and in control.
* communicate my **goal** and I am aware of active living in our Community
* understand the benefits of **Functional Fitness** & **Wellbeing** in Physical Activity.
 | * give my best **effort** and participate to best of my ability.
* play **safe** and in control.
* communicate my **goal** and I am aware of active living in our Community
* understand the benefits of **Functional Fitness** & **Wellbeing** in Physical Activity.
 | * give my best **effort** and participate to best of my ability.
* play **safe** and in control.
* communicate my **goal** and I am aware of active living in our Community
* understand the benefits of **Functional Fitness** & **Wellbeing** in Physical Activity.
 | * give my best **effort** and participate to best of my ability.
* play **safe** and in control.
* communicate my **goal** and I am aware of active living in our Community
* understand the benefits of **Functional Fitness** & **Wellbeing** in Physical Activity.
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* **My strength(s) in the unit …**
* **I would like to improve on (my goal)...**